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| **Sometimes nurses need help, too**  **Role Stress & Long Hours**  **Lack of Education on Substance Use Disorder**  **Access to Addictive Medications**  **Stigma and Shame** |
| Do you know a nurse who is affected by an alcohol or drug-related problem? |
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Contact the **Nurses Peer Support Network** a program of **NURSES HELPING NURSES**

612-508-3709 [minnesotanpsnetwork@gmail.com](http://minnesotanpsnetwork@gmail.com)

Website: <http://npsnetwork-mn.org/>

Facebook: [https://www.facebook.com/npsnetwork](http://www.facebook.com/npsnetwork)